



# CAREER BUILDERS TOASTMASTERS NEWSLETTER

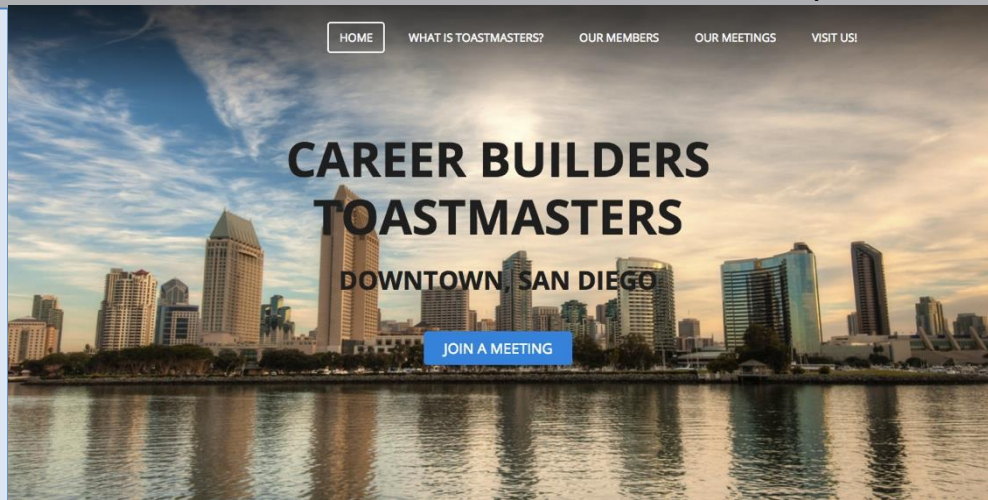
Club # 5223

April 2016

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## New Year, New Attitude! Introducing Career Builders Committees



### Upcoming Events:

Post-Toastie Hosties-  
Mondays

Career Builders Plus -  
Select Wednesdays

Toastmasters Spring  
Conference-April 30th

### You're a Member, Now What?

**Looking for a way to further your Career Builders experience?** The Officers proudly present Career Builders Committees. The purpose of the committees is twofold, (1) to allow a broader scope of members to get involved in club affairs, and (2) to prime members for future officer roles. Some committee roles will count as credit for the CL manual, so there's no excuse not to get involved.

Committee members are required to volunteer for a 6 month term.

"The way to **get started** is to **QUIT TALKING** and begin **DOING.**"  
- WALT DISNEY

**TOASTMASTERS INTERNATIONAL**

## New Members Corner

2016 has been a stellar year for gaining new members. Our club thrives on being a haven for those who are seeking to improve their public speaking skills for career growth. January, February and March brought with it 14 new members to our club. The goal for most clubs is 10 new members a year- Careerbuilders definitely exceeded this goal! New members are the heart of our club and provide more experienced member to transition into a mentorship role. Welcome our newest members:

**Adrian Ortiz**  
**Alex Moreno**  
**Bronwyn Brown**  
**Cheval Ford**  
**Christian Salinas**  
**Dianne White**  
**John Anastasopoulos**  
**John Michaud**  
**Kathy D Kane**  
**Katrina Mariazeta**  
**Meng Lim**  
**Miguel Ruiz**  
**Tiffany Moseley**  
**Winston Mina**



### Why Does It Matter?

CB+ is designed to give the determined club member the opportunity to refine public speaking skills through the help of community feedback. The traditional Monday meetings have one evaluator for each formal speech. However, CB+ offers a higher ratio of MANY evaluators for each speaker. This means that your speech gets the benefit of multiple responses, praises, and suggestions. As a speaker, you also get to follow-up so that you can clarify, ask questions, and even redo a section.

CB+ focuses solely on formal speeches. We suspend tabletopics, the functionary roles (except Timer), and the awards. We take the pressure off these conventional activities that can cause undue anxiety. The first segment involves fun, interactive voice and speech warm-ups to get our vocal engines revved up. The modified format still allows everyone in the room a chance to analyze and speak off the cuff, all the while strengthening skills of professional development through peer-level discussions.

CB+ typically attracts advanced speakers, and in effect these meetings showcase the more unique assignments found in advanced manuals. However, anyone can participate, especially to achieve your speech goals faster. If you thrive on challenge, change, and choices, then you will enjoy a CB+ meeting.

**Meetings occur one Wednesday per month. Look out for announcements at Monday night meetings and club wide emails.**

By Eugene B.



# DCP Status Report

**TOASTMASTERS**  
INTERNATIONAL

**Club Status**  
2015-2016

**Month of March**  
As of 03/11/2016

## 00005223 Career Builders Toastmasters

Club Alignment	Membership		Goals
<b>Region</b> 10	<b>Base</b> 45	<b>To Date</b> 47	<b>Goals Met</b> 10
<b>District</b> 05	<b>Required</b> 20		Distinguished 5
<b>Division</b> S	20 members or a net growth of 5 new members		Select Distinguished 7
<b>Area</b> 14	<b>Chartered</b> 01/01/1997		President's Distinguished 9

	Goals to Achieve	Goal	To Date	Status
1	Competent Communicator (CC) awards	2	2	✓
2	More Competent Communicator (CC) awards	2	5	✓
3	Advanced Communicator (ACB, ACS, ACG) awards	1	1	✓
4	More Advanced Communicator (ACB, ACS, ACG) awards	1	2	✓
5	Leadership Awards (CL, ALB, ALS) or Distinguished Toastmaster (DTM) awards	1	1	✓
6	More CL, ALB, ALS, or DTM awards	1	6	✓
7	New members	4	4	✓
8	More new members	4	20	✓
9	Club officers trained June-August	4	6	✓
	Club officers trained December-February	4	6	
10	Membership-renewal dues on time	Y	1	✓
	Club officer list on time	Y	2	

**TOASTMASTERS**  
INTERNATIONAL

St. Paul's Community Care Center  
Community Café  
328 Maple Street  
San Diego, CA 92103

[www.careerbuilderstoastmasters.org](http://www.careerbuilderstoastmasters.org)

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